



Our Approach

Our staff is dedicated to providing you with excellent care and friendly service in a confidential atmosphere.

We provide counseling for all ages, including seniors and children.

Our Service Area

We provide access to health care services in rural communities throughout 20,000 square miles of northern Wisconsin. The services we provide in each community vary based on that specific community's needs, the services currently available, and how we can work with existing partners. We provide quality, integrated services to as many individuals as possible while actively removing barriers to wellness.

NorthLakes
COMMUNITY CLINIC

888.834.4551

nlccwi.org

Behavioral Health

NorthLakes
COMMUNITY CLINIC



Mental Health Therapy

There are issues and behaviors that can bring down our quality of life. Our therapists work with people to make their lives more enjoyable and functional.

Mental Health Therapy can help with:

- Sadness
- Anxiety
- Isolation
- Trauma
- Depression
- Low energy
- Prolonged anger
- Suicidal thoughts

and more...

Many of our therapists can provide treatment for both mental health and substance abuse disorders. These can be related so having one therapist being able to help with both provides more integrated care.

Psychiatric Medication Management

Some issues can be treated with medication. Our psychiatric medication management service works with patients to ensure medications are working correctly and not causing problems. Our psychiatric nurse practitioners collaborate with patients to provide the best care available.

This service can help with:

- Medication management
- Assessments
- Therapy
- Evaluations
- Life management skills



Benjamin Britain, LPC, SAC-IT
Behavioral Health Therapist & Substance Use
Disorder Therapist - Washburn

People that come to see me are not broken or weak. It requires great courage to ask for help and I do my best to honor that every step of the way.

I believe in the power of therapy and its ability to transform lives. I like my practice to be client-centered and solution-focused. I learned first hand how powerful therapy can be in changing a person's life.



Shelly Gallenberg, PsyD, LPC
Psychologist - White Lake



Jes Springer, LCSW
Behavioral Health Therapist - Turtle Lake

At one point or another in our life we have to accept help from somebody outside of our immediate support group. Why wait until it becomes a crisis, divorce, being fired from a job, or court date?